

```

graph TD
    A[10,000 records identified from a search of PubMed, Embase and Cochrane] --> B[1,827 records excluded after screening titles and abstracts]
    A --> C[8,173 records screened based on full-text screening]
    C --> D[1,564 records excluded based on screening full-texts]
    C --> E[6,609 records included in the meta-analysis]
  
```

